

3.6.1 Extension Activities					
3.6.1. Extension Activities carried out in the neighbourhood sensitizing students to social issues for their holistic development and the impact thereof during the year					
SNO	Name of Event/Activity	Date	Student Coordinators	Students involved	Impact Thereof
1	Grand Parents Day	10-Jan-22	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	Giving essentials to old age people whose family has abandoned them leads to a feeling of peace, humility & affection. Students & faculties who are part of it also learned the importance of sharing
2	Distributing Cold water and refreshments	02-07-22	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	Hydration and Health: During hot weather, access to cold water and refreshments can help keep children hydrated and prevent heat-related illnesses, such as dehydration, heat exhaustion, or heatstroke. Long-Term Social Impact: Providing support to underprivileged children, even in a small way, can have long-term social impact. When children are healthier and better cared for, they are more likely to have improved educational opportunities and potentially break the cycle of poverty in their families.
3	Project Care	03-02-23	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	Improved Quality of Life: Donating to poor children directly enhances their quality of life by providing access to essential resources such as food, clean water, clothing, and healthcare. Social and Economic Impact: Supporting poor children through donations can have broader social and economic impacts.
4	Dog feeding	04-01-2023	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	Serving animals creates courtesy in students and they also learn the value of sharing planet with other lives
5	Motivation Seminar	07-02-2023	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Increased Academic Engagement and Performance: Motivational seminars can inspire students to take a more active role in their education and academic pursuits. Boosted Confidence and Self-Efficacy: Motivational seminars can help students build confidence in their abilities and develop a positive attitude towards challenges.
6	Friendship day celebration	07-08-2022	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Spreading Joy and Happiness: Friendship Day celebrations can bring joy and happiness to the lives of poor children. Engaging in fun activities, games, and sharing treats can uplift their spirits and create positive memories. Such moments of happiness can have a profound effect on their overall emotional well-being. Emotional Support and Bonding: Friendship Day celebrations can foster strong emotional connections between the volunteers or donors and the children. Spending time together and expressing care and affection can provide emotional support to these children, who may often lack such nurturing relationships. Building these bonds can have a profound impact on their emotional well-being and can help counter feelings of isolation and loneliness.
7	Project Security	08-02-2023	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	To make people aware about the traffic rules. <ul style="list-style-type: none"> ● To aware the people about what they are doing wrong with themselves and with their families also and most importantly with our country. ● To give a thanks to all the traffic police officers who are always there whether there is cold or there is rain, they are always there to maintain the traffic regulations.
8	Distribution of study materials	08-02-2023	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Improved Access to Education: Providing study materials such as textbooks, notebooks, stationery, and other learning resources to underprivileged children ensures that they have the necessary tools to participate actively in their education. Lack of access to study materials is a significant barrier for many children from economically disadvantaged backgrounds. By addressing this need, distributing

					study materials can enhance their ability to learn effectively and contribute to a more equitable education system.
9	Free Artificial limb distribution camp	08-05-2023	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Community Outreach and Awareness: A free artificial limb camp can raise awareness about the needs and rights of people with disabilities in the community. By organizing such events, the camp organizers and volunteers can advocate for greater inclusion, accessibility, and support for individuals with limb disabilities. This increased awareness can foster a more compassionate and inclusive society that prioritizes the well-being of all its members.
10	Distributing Cold water and refreshments	7-Sep-22	Rtr. Vishal Agarwal, Rtr. Krutika Asthana, Rtr. Piyush Singhal, Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Health and Hygiene: Access to clean, cold water can also contribute to better hygiene practices among children, as they are more likely to wash their hands regularly, reducing the risk of waterborne diseases and other infections. Emotional Well-being: For children living in poverty, life can be challenging and stressful. Distributing cold water and refreshments can be a gesture of kindness and care, which may boost their emotional well-being and self-esteem.
11	Dog feeding	1-Oct-23	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Serving animals creates courtesy in students and they also learn the value of sharing planet with other lives
12	Burger Distribution drive	5-Dec-23	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	Moment of Joy: Such initiatives can bring moments of joy and happiness to the lives of these children, creating positive memories and experiences amidst their challenging circumstances. Community Engagement: Burger distribution drives encourage community involvement and empathy, fostering a sense of togetherness in addressing the needs of the underprivileged and inspiring further acts of kindness.
13	Prayas 9.0	11-Dec-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Winter Protection: Distributing woollen clothes and blankets to poor and deprived children helps protect them from the harsh cold weather, reducing the risk of illnesses and keeping them warm and comfortable. Improved Health: Access to warm clothing and blankets can lead to better health outcomes for these children, as they are less susceptible to cold-related illnesses, which can be especially critical for vulnerable populations. Enhanced Well-being: The provision of woollen clothes and blankets not only fulfils a basic need but also contributes to the emotional well-being of the children, promoting a sense of care and support from the community and improving their overall quality of life during challenging times.
14	Mission Pink health	13-01-23	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	Anemia Detection and Intervention: "Mission Pink Health" conducts an Anemia Camp specifically for girls, where they are screened for anemia and provided with timely intervention, such as iron supplements or dietary advice, to address the condition. Empowering Awareness Session: The camp includes a concise 30-minute awareness session on anemia, educating the girls about its causes, symptoms, and importance of proper nutrition. This knowledge empowers them to take proactive steps in managing their health. Promoting Holistic Well-being: By focusing on anemia and raising awareness, "Mission Pink

					Health" not only addresses immediate health concerns but also takes a step towards fostering a healthier and more informed generation of girls, promoting overall well-being and healthier lifestyles.
15	Sneh Program	14-02-23	Ayush Saxena, Garv Kalani, Yukta Bhopte	Students of Rotaract Club	<p>Honoring Elderly Residents: Visiting old age homes on Parents Worship Day allows us to honor and express gratitude to the elderly residents for their contributions to society and their roles as parents and caregivers.</p> <p>Bringing Joy and Companionship: Our presence and celebration can bring joy, companionship, and a sense of belonging to the elderly residents who may feel lonely or isolated, especially on special occasions like Parents Worship Day.</p> <p>Promoting Inter-generational Bonding: Through these visits, we bridge the generation gap and promote inter-generational bonding, fostering mutual respect, understanding, and appreciation between the younger and older generations.</p>
16	Children's Day	14-11-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Fostering Inclusivity and Love: Celebrating Rakshabandhan with stray kids promotes inclusivity and spreads the message of love, care, and compassion, making them feel a part of the festivities.</p> <p>Creating Lasting Memories: The celebration creates meaningful memories for both the stray kids and those participating, leaving a positive impact on their lives and fostering a sense of joy and happiness.</p> <p>Building Empathy and Awareness: By involving in Rakshabandhan with stray kids, people can develop empathy and awareness about the challenges they face, inspiring them to take action towards improving the lives of underprivileged children</p>
17	Talent Show	18-11-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Fostering Talent and Confidence: The "Talent Show" event at Prestige Institute of Management and Research in Gwalior, M.P. provides a platform for students to showcase their talents and skills, boosting their confidence and self-esteem.</p> <p>Strengthening Community Bonds: The event brings students, faculty, and staff together, creating a sense of unity and camaraderie within the campus community, as they support and appreciate each other's talents and performances.</p> <p>Promoting Creativity and Expression: The talent show encourages creativity and artistic expression among the participants, contributing to a vibrant and dynamic campus culture that celebrates diversity and individuality.</p>
18	Adarsh Gaushala Visit	18-12-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Animal Welfare: Feeding stray cows provides them with much-needed nourishment, contributing to their well-being and helping prevent hunger and malnutrition.</p> <p>Community Harmony: Caring for stray cows fosters</p>

					<p>a sense of community and compassion, as individuals come together to support these animals, promoting harmony between humans and animals.</p> <p>Environmental Benefits: Stray cows often scavenge for food in public areas, which can lead to littering and environmental issues. By feeding them in designated areas, it helps maintain cleanliness and minimizes potential hazards caused by their search for food.</p>
19	Literacy Seminar	19-09-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Promoting Literacy: The community engagement literacy seminar, organized in collaboration with Rotary Ace & RAC Youth, aims to promote literacy and education within the community, emphasizing its importance for personal growth and community development.</p> <p>Youth Empowerment: The seminar provides an opportunity for youth involvement and leadership development, empowering them to take an active role in addressing literacy issues and making a positive impact in their community.</p> <p>Strengthening Partnerships: Through the collaboration between Rotary Ace, RAC Youth, and the community, the seminar strengthens partnerships and fosters a collective effort towards enhancing literacy levels and building a more educated and informed society.</p>
20	Eye camp and Dental Camp	20-09-22	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Improved Health and Well-being: Eye camps and dental camps for poor people provide access to much-needed healthcare services, leading to improved vision and dental health. Addressing these health issues can enhance their overall well-being and quality of life.</p> <p>Preventive Care and Awareness: The camps not only offer immediate treatments but also focus on preventive care and health education. Poor individuals may not have regular access to healthcare, so the camps raise awareness about eye and dental hygiene, promoting long-term health maintenance.</p> <p>Empowerment and Social Impact: By organizing eye camps and dental camps for the poor, we empower marginalized communities and demonstrate social responsibility. These initiatives not only alleviate health problems but also contribute to reducing healthcare disparities and fostering a more equitable society.</p>
21	Blood donation camp in association with Red cross society	21-03-23	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Life-saving Contributions: The blood donation camp in association with the Red Cross Society allows poor people to receive life-saving blood transfusions when needed, addressing a critical need and potentially saving lives.</p> <p>Healthcare Accessibility: Many poor individuals may not have access to regular healthcare services, including blood banks. The camp ensures that they have a reliable and nearby source of blood in emergencies, bridging the healthcare gap for the underprivileged.</p> <p>Community Solidarity: The blood donation camp</p>

					fosters a sense of community solidarity, as people from various backgrounds come together to donate blood for the benefit of those in need. It strengthens the bond between the community and the Red Cross Society, creating a united effort to support the less fortunate.
22	Project Khushi	24-07-22	Rtr. Somya Maheshwari, Rtr. Divyanshu Umariya, Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	<p>Emotional Support: Visiting Narayan old age home on the occasion of Parents Day provides emotional support and companionship to the elderly residents, who may miss their own children and families during such occasions.</p> <p>Fostering Joy and Happiness: The celebration brings joy and happiness to the elderly residents, making them feel valued and loved on a special day that honors parental figures.</p> <p>Promoting Intergenerational Bonding: The visit fosters intergenerational bonding, as visitors and elderly residents interact, share stories, and create meaningful connections, bridging the generation gap and promoting mutual understanding and respect.</p>
23	Limb distribution camp	25-02-23-26-02-2023	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Enhanced Mobility and Independence: The artificial limb camp for poor people provides them with prosthetic limbs, improving their mobility and allowing them to regain independence, perform daily activities, and participate in society.</p> <p>Improved Quality of Life: Access to artificial limbs positively impacts the physical and mental well-being of the beneficiaries, enabling them to lead more fulfilling lives with increased confidence and self-esteem.</p> <p>Inclusive Society: By offering artificial limbs to the poor, the camp promotes inclusivity and equal opportunities, ensuring that individuals with limb disabilities are not marginalized and can actively engage in economic and social activities.</p>
24	Christmas celebration	25-12-2022	Ayush Saxena, Yukta Bhopte	Students of Rotaract Club	<p>Spreading Joy and Happiness: Celebrating Christmas with poor kids brings joy, happiness, and festive cheer to their lives, creating memorable and positive experiences during the holiday season.</p> <p>Fostering Inclusivity: By including poor kids in the Christmas celebrations, we promote inclusivity and make them feel valued and part of the community, reducing feelings of isolation and marginalization.</p> <p>Acts of Kindness: The celebration provides an opportunity for individuals and organizations to come together and extend acts of kindness, sharing gifts, meals, and love with those in need, embodying the true spirit of Christmas.</p>
25	Chahak 4.0	26-03-23 to 10-04-23	Ayush Saxena, Yukta Bhopte, Vishal Agarwal	Students of Rotaract Club	<p>Ecological Impact: Feeding birds can play a role in maintaining and supporting local ecosystems.</p> <p>Recreational and Educational Impact: Feeding birds can be a rewarding and educational experience for people of all ages.</p>
26	Shree Ramleela	18-10-22	Participants of Sahitya prabha club	Student of Sahitya Prabha club	Students inculcated some cultural values and sensitized with Indian tradition
27	Legal literacy camp	27-01-23 to 28-01-23	Law club coordinators	Students of law Department	It created awareness amongst the students regarding the Indian Laws and its applicability

28	National constitution day	26-11-22	Law club coordinators	Students of law Department	The day holds significant importance for students, as it offers them an opportunity to learn about their rights, duties, and the principles that form the foundation of the country's governance.
29	National legal literacy day	11-Sep-22	Law club coordinators	Students of law Department	It has created legal awareness, empowerment and confidence, civic engagement and advocacy amongst the students.
30	MSME Idea Hackathon	10-10-22	Students opting for entrepreneurship	Students opting for entrepreneurship	In this program, financial assistance of upto a maximum of Rs.15 Lakhs per idea was awarded. It creates a positive impact on the aspiring entrepreneurs. Moreover, it helps in creating a start-up atmosphere
31	Workshop on the prevention of children from sexual offences	18-11-22	Conducted by AP Akash Gupta and AP Ashish Yadav	Students of Morning star sr. sec school	<p>Educating and Empowering: The workshop on the prevention of children from sexual offenses educates parents, caregivers, and children themselves about potential risks and safety measures, empowering them with knowledge and skills to protect themselves.</p> <p>Creating Awareness: The workshop raises awareness about the prevalence of child sexual offenses and the importance of recognizing signs of abuse, fostering a proactive approach towards safeguarding children in the community.</p> <p>Safe and Supportive Environment: By promoting open discussions on a sensitive topic, the workshop helps create a safe and supportive environment where children feel comfortable reporting incidents and seeking help if they encounter any form of abuse.</p>
32	Legal Awareness program	26-12-2022 to 15-01-2023	Conducted by department of law	Individuals from the rural areas of gwalior were the participant of the program	<p>Informing Rights and Responsibilities: Legal awareness programs inform individuals about their legal rights and responsibilities, empowering them to make informed decisions and take appropriate actions when faced with legal issues.</p> <p>Promoting Access to Justice: By increasing awareness of legal processes and available resources, legal awareness programs aim to promote access to justice, particularly for marginalized and vulnerable communities who may face barriers in seeking legal remedies.</p> <p>Preventing Legal Issues: These programs also focus on preventing legal problems by educating the public about the law, promoting compliance, and encouraging proactive measures to avoid potential legal disputes and conflicts.</p>
33	Awareness on inappropriate behavior (POSH)	5-Nov-22	Conducted by coordinators of Internal complaints committee	Students of UG and PG courses participated	<p>Empowering and Protecting: Awareness on inappropriate behavior, specifically related to the Prevention of Sexual Harassment (POSH), empowers poor kids with knowledge about recognizing, reporting, and protecting themselves from potential harm.</p> <p>Creating Safe Spaces: The awareness program fosters safe environments where poor kids feel comfortable discussing their experiences and concerns, enabling early intervention and support to address any inappropriate behavior they may encounter.</p>

					<p>Building Resilience: Through education and awareness, poor kids develop resilience and assertiveness, equipping them with tools to safeguard their rights and dignity, and promoting a culture of respect and accountability within their communities.</p>
34	Session on elimination of violence against women under the banner of MP police unite program	12-Jan-23	Conducted by coordinators of Internal complaints committee	Students of UG and PG courses participated	<p>Increased Awareness: The session on the elimination of violence against women under the MP Police Unite program raises awareness among college students about the prevalence and impact of violence against women, promoting a deeper understanding of the issue.</p> <p>Empowerment and Support: College students gain knowledge about resources available to support victims of violence, empowering them to become advocates for change and sources of support for those affected.</p> <p>Cultural Shift: By addressing violence against women in educational settings, the session contributes to a cultural shift, challenging harmful attitudes and behaviors, and promoting a safer and more respectful environment for all.</p>
35	Dana Pani event	05-May-23	Conducted by sahitya prabha club	Students of Sahitya prabha club	<p>Ecological Balance: The Dana Pani event, where birds are fed, helps maintain ecological balance by supporting bird populations and promoting biodiversity, as birds play a crucial role in pollination and insect control.</p> <p>Community Bonding: The event fosters a sense of community and togetherness as people come together to care for birds, nurturing a spirit of empathy and compassion towards nature and wildlife.</p> <p>Environmental Awareness: Feeding birds during the Dana Pani event raises environmental awareness among participants and spectators, encouraging them to take active steps in preserving the natural world and its inhabitants.</p>
36	Plantation Drive	5-Jun-23	Garv Kalani	Students of UG and PG courses participated	<p>Environmental Conservation: Plantation drives have a positive impact on the environment by increasing green cover, improving air quality, and mitigating the effects of climate change through carbon sequestration.</p> <p>Biodiversity Support: The plantation of native trees and plants during the drive provides essential habitats and food sources for various wildlife species, promoting biodiversity and ecosystem health.</p> <p>Community Engagement: Plantation drives involve the community in environmental efforts, fostering a sense of responsibility and stewardship towards nature, and encouraging collective action for a greener and sustainable future.</p>

					Regenerate response
37	Seed ball distribution	5-Jun-23	Garv Kalani	Students of UG and PG courses participated	<p>Efficient Reforestation: Seed ball distribution offers a simple and effective method of reforestation, increasing the chances of successful tree growth as seeds are protected within nutrient-rich balls.</p> <p>Biodiversity Restoration: Seed balls often include a mix of native plant species, promoting biodiversity restoration and supporting various plant and animal species in the ecosystem.</p> <p>Community Involvement: Seed ball distribution engages communities in environmental conservation efforts, empowering them to take an active role in greening their surroundings and contributing to a healthier environment.</p>
38	Q-rious	29-06-23	Organized by AP Ashish yadav and Dr. Akash Gupta	Students of 12th standard participated in the event	<p>Knowledge Enhancement: General awareness quizzes for 12 pass students in India enhance their knowledge on a wide range of topics, including current affairs, history, science, and culture, making them more informed and intellectually enriched individuals.</p> <p>Critical Thinking and Problem-Solving: The quizzes promote critical thinking and problem-solving skills, as students are challenged to analyze information, draw connections between different subjects, and apply their knowledge to answer questions accurately.</p> <p>Competitive Spirit and Confidence: Participating in general awareness quizzes fosters a sense of healthy competition among students, boosting their confidence when they perform well and motivating them to continually improve their understanding of various subjects.</p>
39	Workshop on POSH awareness	28-06-23	Conducted by coordinators of Internal complaints committee	Students of UG and PG courses participated	<p>Creating Safe Workplaces: The workshop on POSH (Prevention of Sexual Harassment) awareness helps create safer and more respectful work environments by educating employees and employers about their rights and responsibilities.</p> <p>Empowering Individuals: The workshop empowers individuals with knowledge about recognizing and reporting sexual harassment, enabling them to take appropriate actions and seek support if they encounter such incidents.</p> <p>Cultural Change: By promoting awareness and discussions on the topic, the workshop contributes to a cultural shift that challenges and addresses inappropriate behavior, fostering a more inclusive and respectful workplace for everyone.</p>
40	Dental health camp	01-04-23	Conducted by students of Marketing club and Indian dental association	Faculty and students participated in the event	<p>Improved Oral Health: Dental health camps provide access to dental check-ups and treatments, contributing to improved oral health among participants, especially those who may not have regular access to dental care.</p> <p>Preventive Care: The camps focus on preventive dental care by educating participants about proper</p>

					<p>oral hygiene practices, which can help prevent dental issues and promote long-term dental health.</p> <p>Community Health Promotion: Dental health camps play a role in promoting community health and well-being, as healthy teeth and gums are essential for overall physical health and can positively impact individuals' quality of life.</p>
41	Sahyog 9.0	29-03-2023	Ayush Saxena, Vishal Agarwal	Students of Rotaract Club	<p>Nutritional Support: Distribution of food provides much-needed nourishment to poor kids, addressing hunger and malnutrition concerns, promoting healthier growth, and improving overall well-being.</p> <p>Educational Empowerment: Providing study materials equips poor kids with essential tools for learning, encouraging educational engagement, and opening up opportunities for a brighter future.</p> <p>Breaking the Cycle of Poverty: By combining food support and study materials, this initiative contributes to breaking the cycle of poverty, empowering poor children with better health and education, which can lead to improved socio-economic prospects in the long term.</p>